

# Branching Minds **MTSS** Summit

## Branching Forward: Setting Intentions for MTSS in the New Year

**TRACK:** SEL & Behavioral Health

**SESSION:** MTSS and SEL: From the Ground Up

**PRESENTER:** Lauren Schutz, EdS/NSCP

# Lauren Schutz

Chicago-based School Psychologist

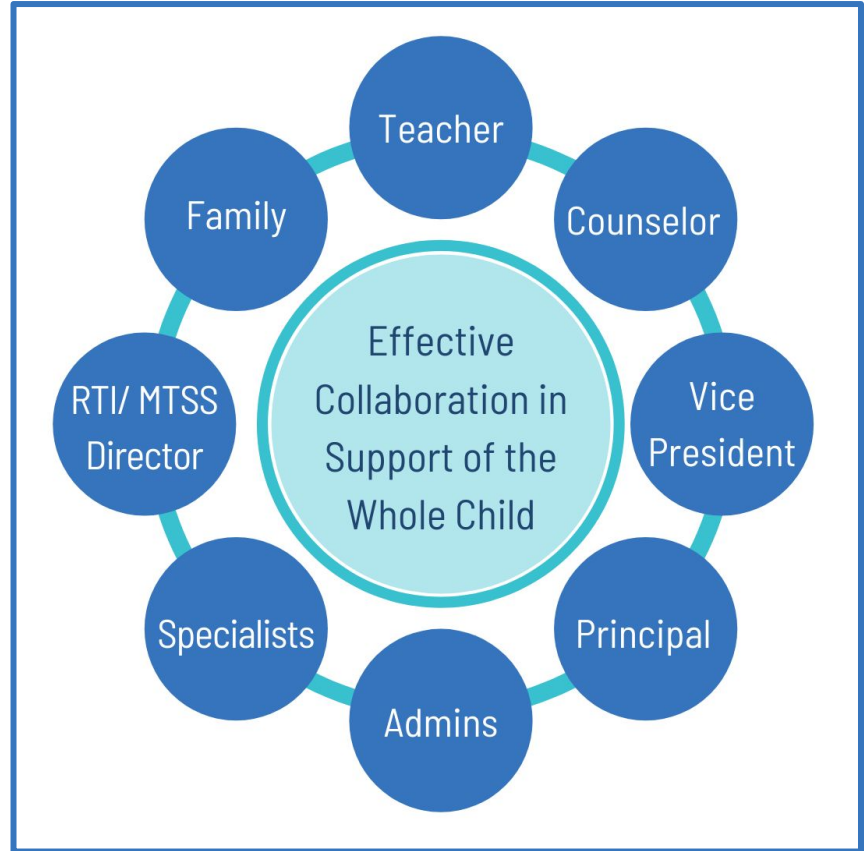
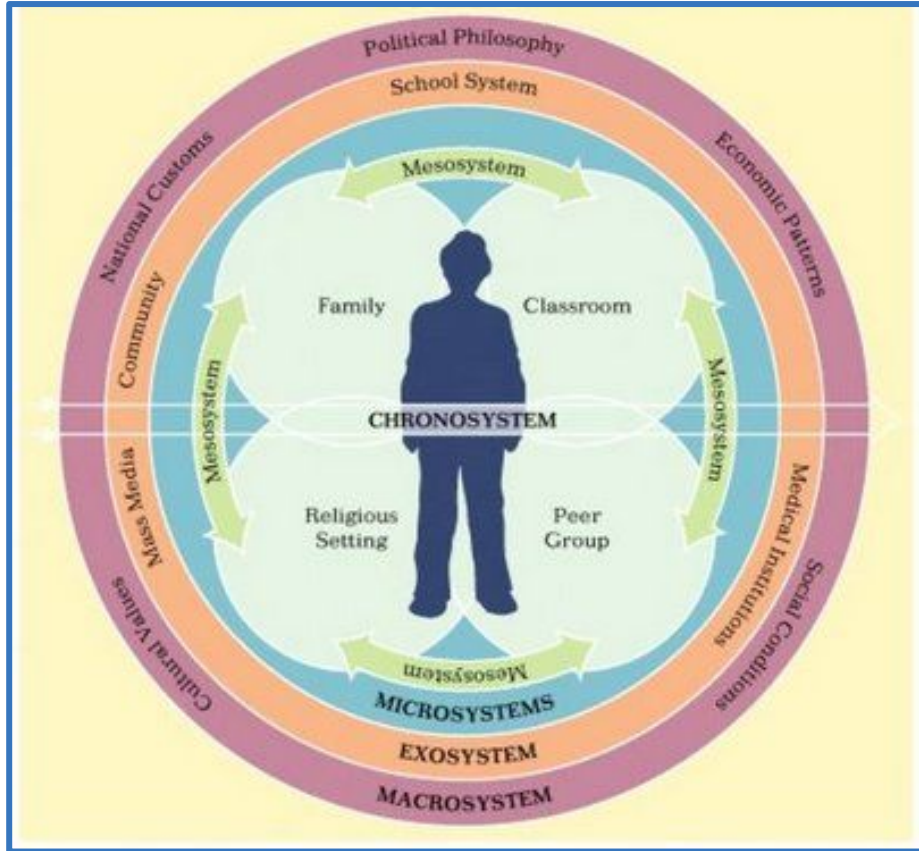




# Agenda

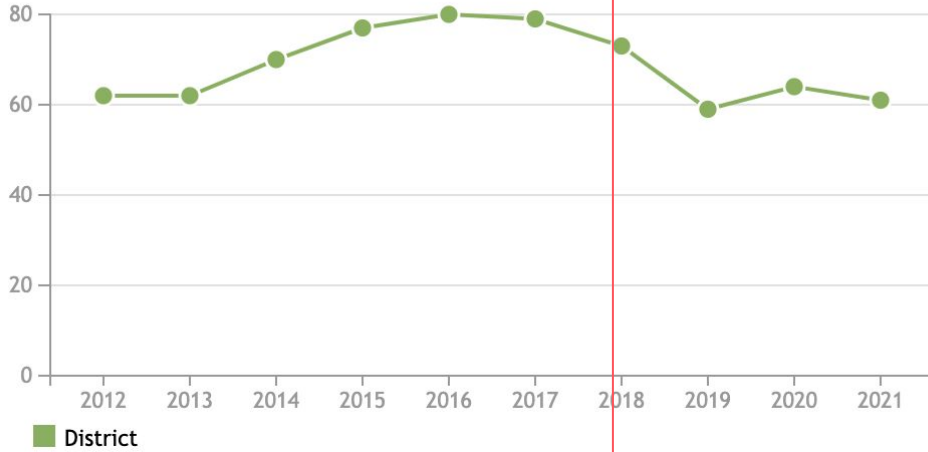
1. Students at the center of systems
2. Background problem analysis
3. Building MTSS
4. Building SEL within a MTSS
5. Lauren's Top 10
6. Questions & Intentions

# Urie Bronfenbrenner's Ecological Systems Theory



District (20.8%)

District Total Teachers FTE (2012-21)



ry - ELA - With IEPs and Non IEP

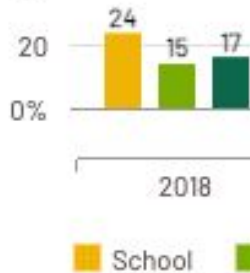
Non IEP

Non IEP

Leaders  
implement a shared vision for



District



Less Collaborative Teachers

Do teachers collaborate to promote professional growth?

Less Supportive Environment

Is the school safe, demanding, and supportive?

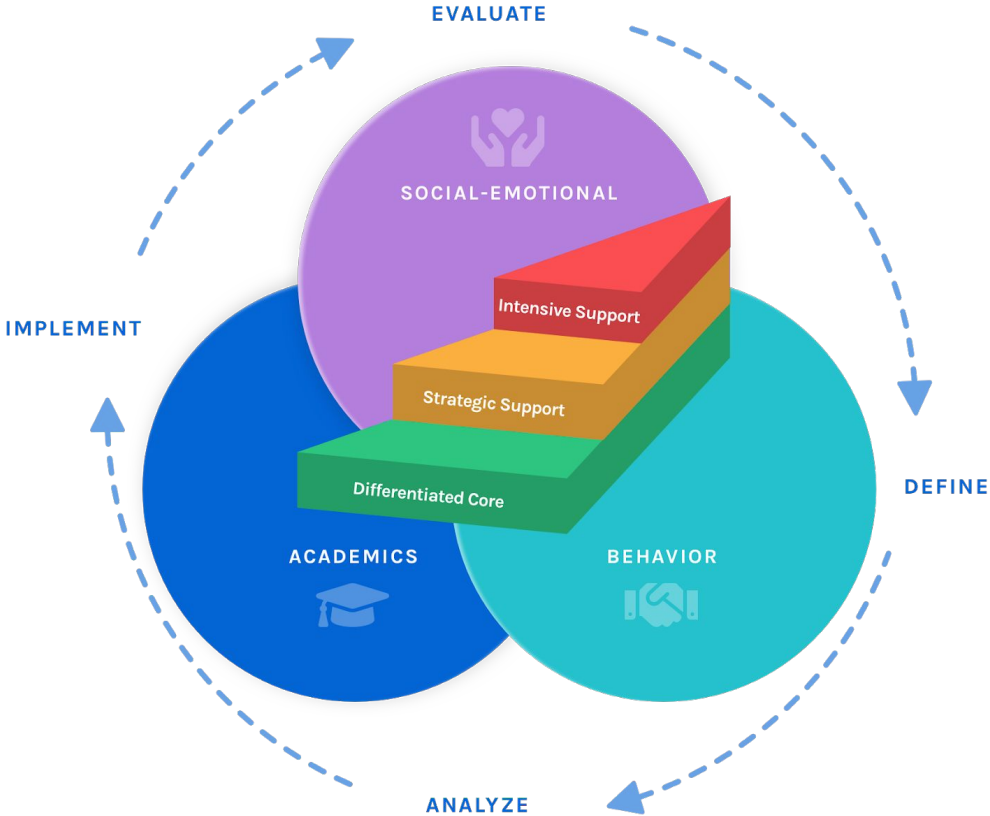
Average Ambitious Instruction

Are classes challenging and engaging?

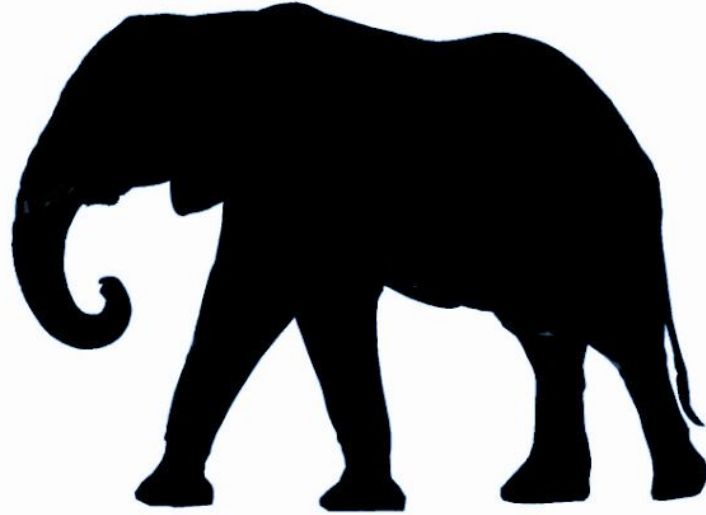
Less Involved Families

Does the entire staff build strong external relationships?

# Why MTSS?



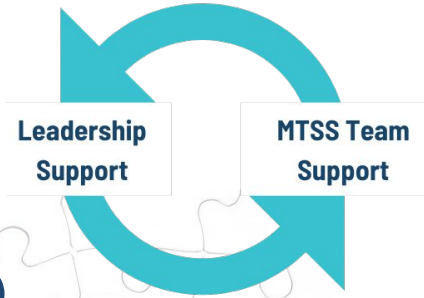
*How do you eat an*  
ELEPHANT?



One bite at a time...

BRASSYAPPLE.COM

# MTSS Task Force



The importance of smaller steps



**2 Principals  
(wearing many hats)**

**1 New SPED  
Director**

**3 New  
psychologists**

**Teachers**

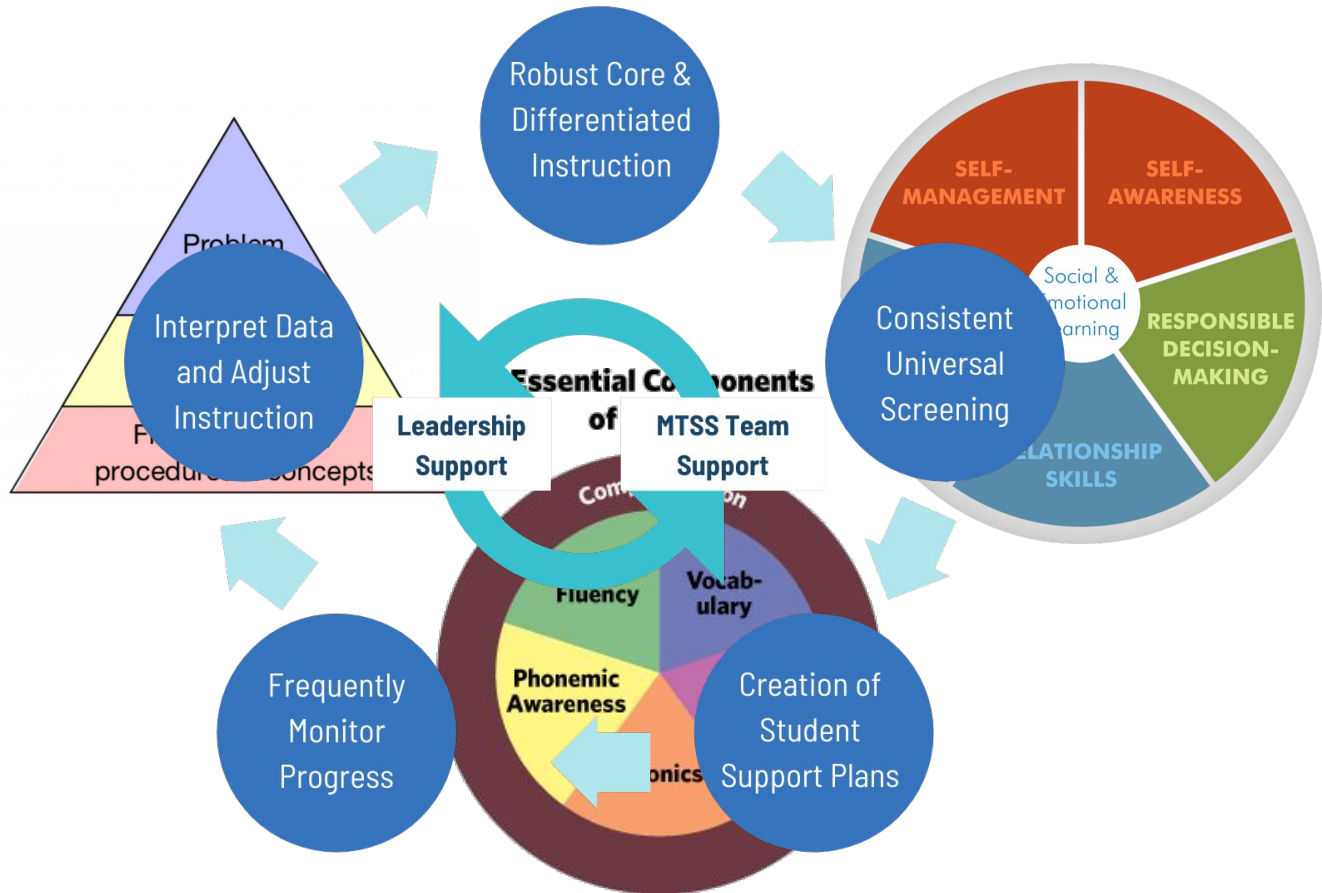
**Paraprofessionals/  
Interventionists**

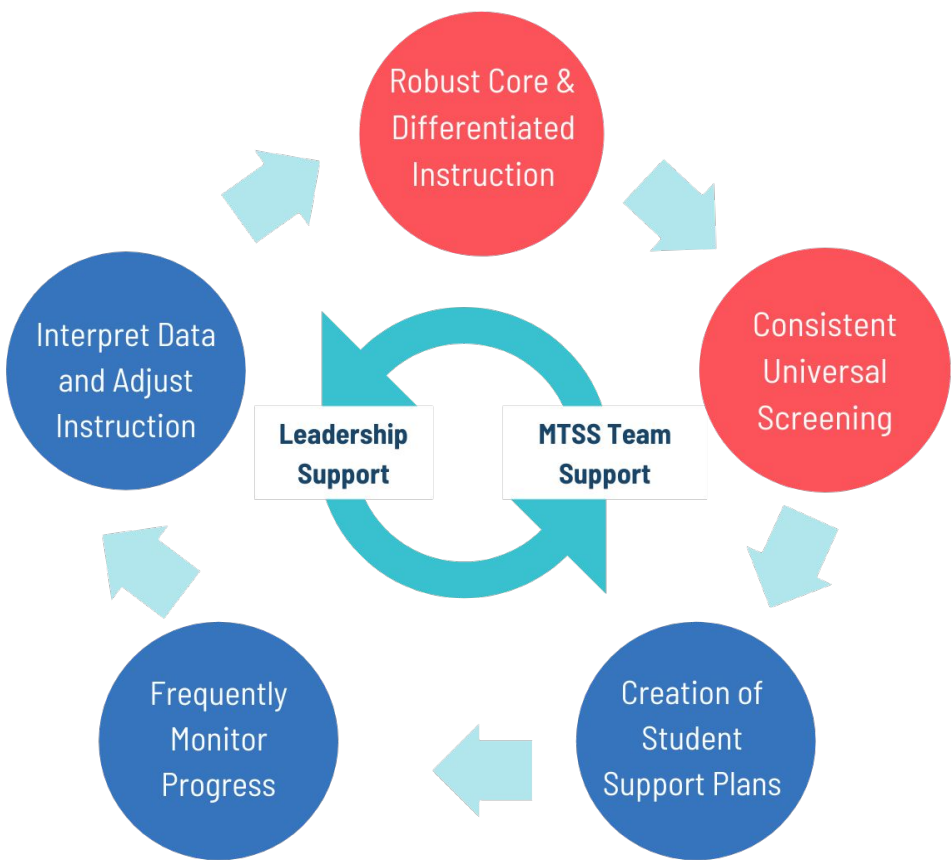
**Mental health  
professionals**

**Special  
Educators**



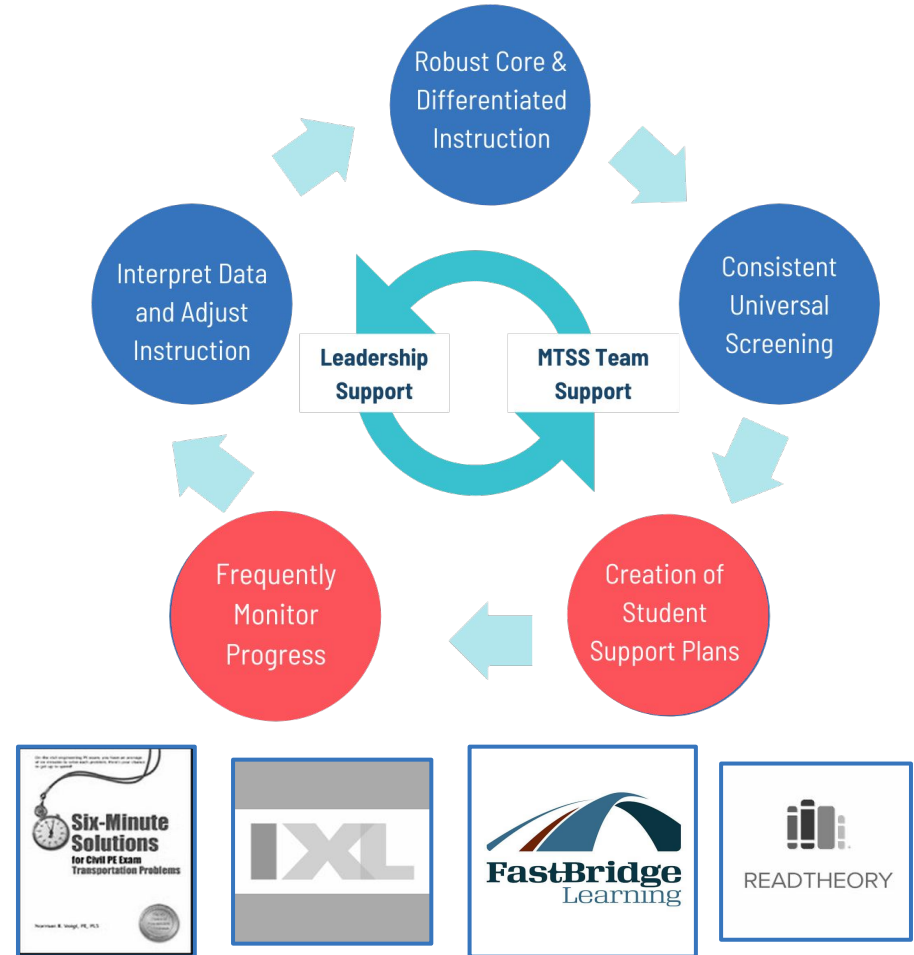
# Some Assumptions

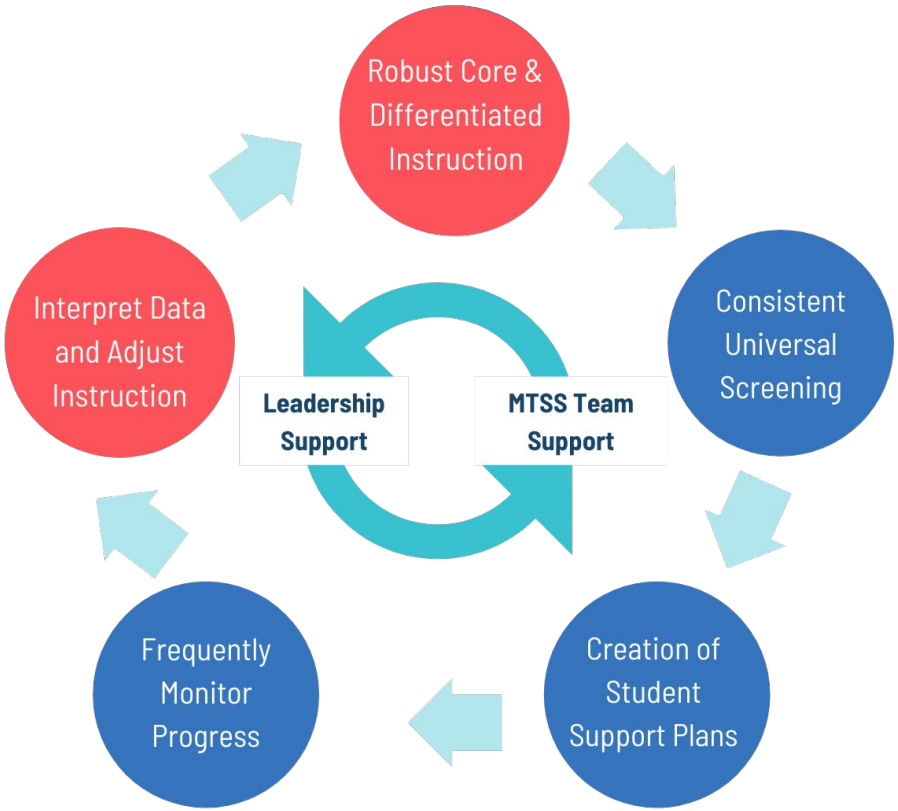
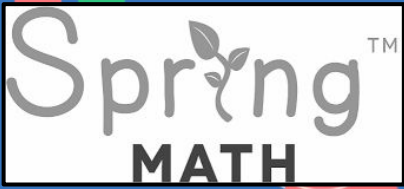




All I know is that my life is better when I assume that people are doing their best. It keeps me out of judgment and lets me focus on what is, and not what should or could be.

Brené Brown







# What about SEL?



“

Beneath every behavior is a feeling. And beneath every feeling is a need. And when we meet that need rather than focus on the behavior, we begin to deal with the cause not the symptom.

— Ashleigh Warner  
Psychologist

edutopia

# Core Instruction

Second Step

# Universal Screener

Fastbridge/ mySAEBERS + SAEBERS

Year 2

PBIS Rewards/School Store

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Behavior Incident Reporting



SAEBRS Behavior Report

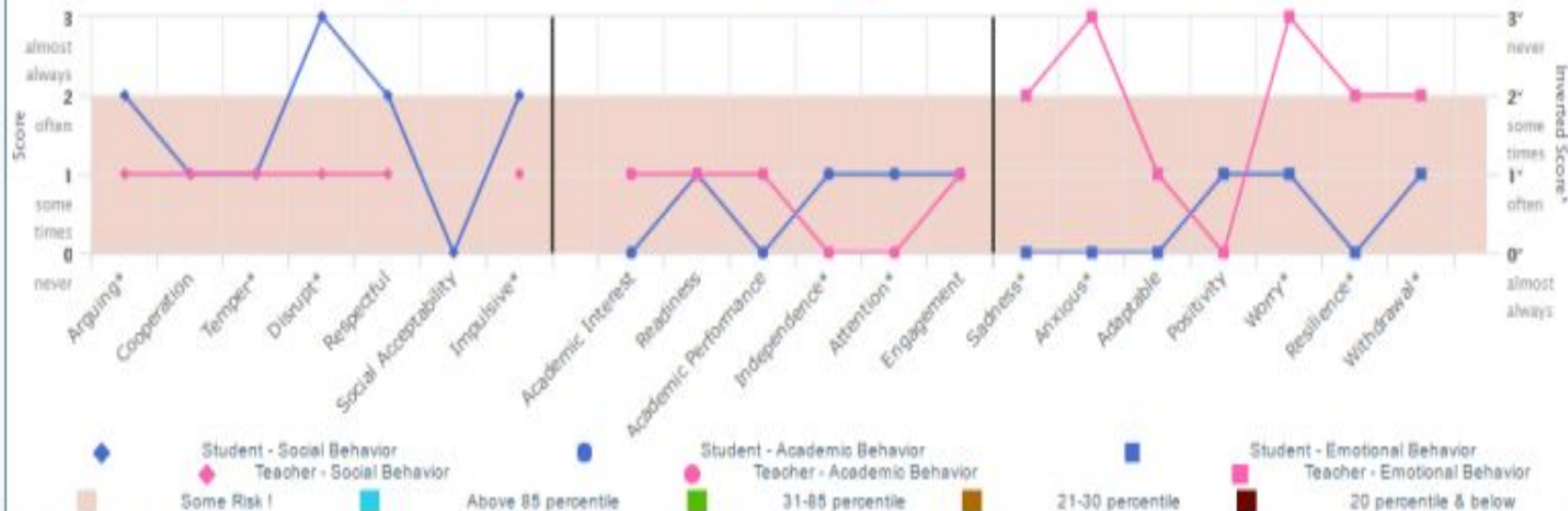
Overall Score:

23

Social Teacher Total: 6

Academic Teacher Total: 4

Emotional Teacher Total: 13



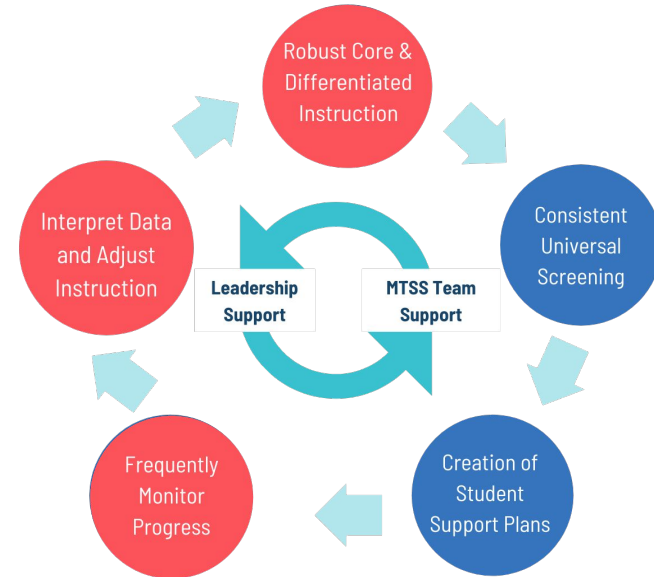
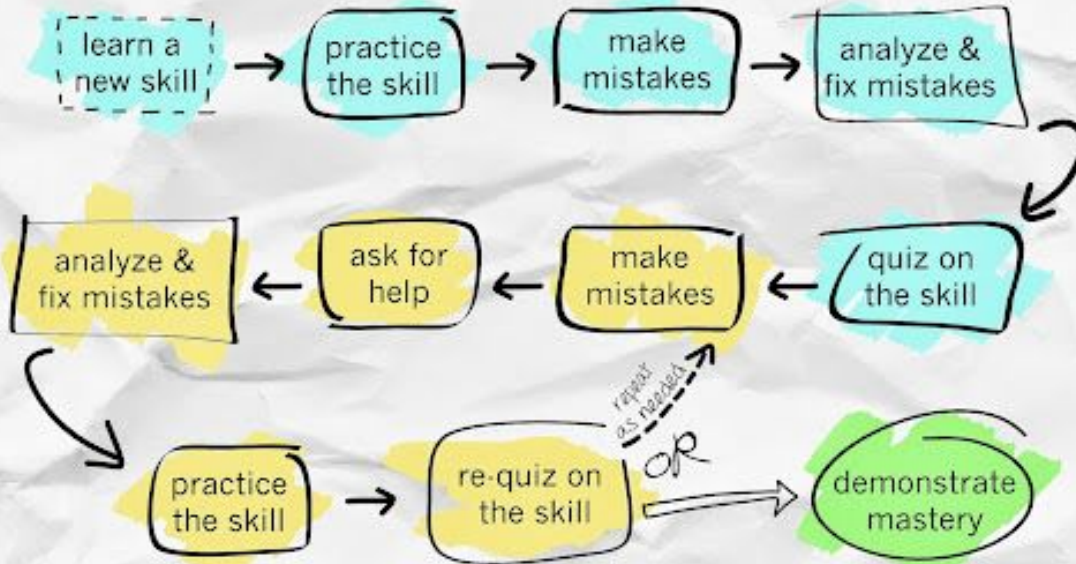
Teacher's notes: None

\*Inverted items



# Standards Based Grading and SEL

What is standards based grading?

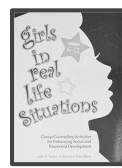
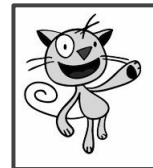
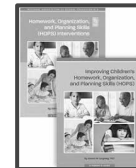
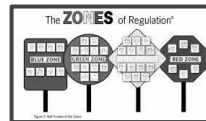
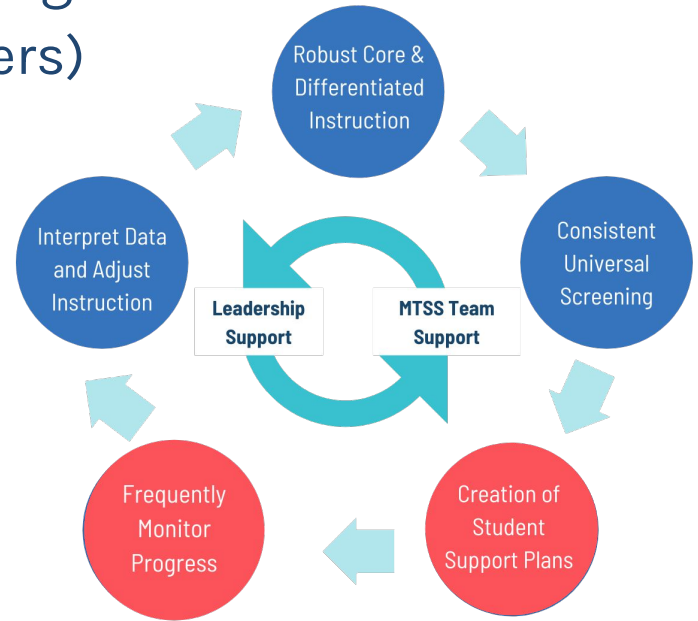


## ● Tier 2 Interventions Programs

- H.O.P.S (NASP)- Executive Functioning
- Zones of Regulation (Leah M. Kuypers)
- Coping Cat, Coping Power
- Friendship Groups (G.I.R.L.S)
- Social Thinking (Michelle Garcia Winner)

## ● Tier 3 Interventions

- Check-in/Check-out
- Attendance Contract
- Individual Counseling



# The Role of Meetings

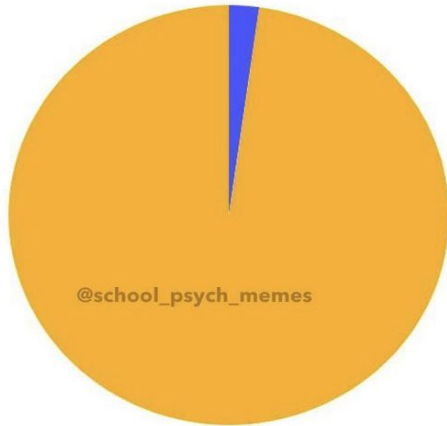


school\_psych\_memes



## Time spent at a problem solving meeting

- Problem solving
- Talking about all the times there's been a problem



@school\_psych\_memes

## Building Student Assistance Team (BSAT)

Analyze weekly/monthly school level trends

## Grade Level Problem Solving (GLPS)

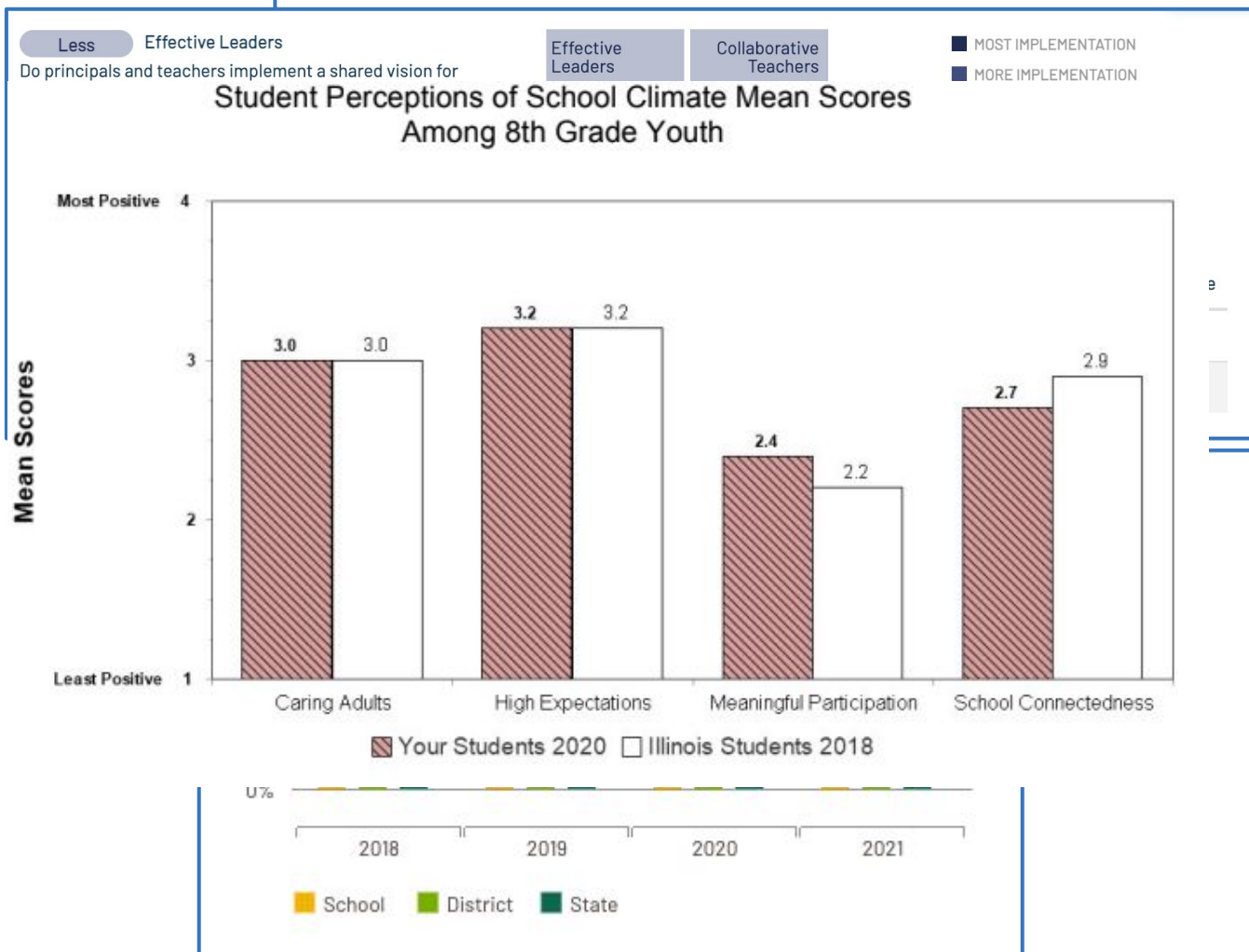
Regularly review student RTI

## Individual Student Problem Solving

Create healthy home/school collaborative relationship

Always schedule a follow up meeting

# Outcomes



# Lessons Summarized (Lauren's Top 10)



**10:** You can't do it all at once. **Remember the elephant!**

(Follow a plan)

**9: Build from the ground up:** stakeholder buy-in is critical

**8:** Every action impacts **at least one child**. Our collective actions impact all students.

**7:** Utilize "**gradual release**" to build teacher capacity.

"I do, we do, you do."

**6: Less is more...** You do NOT need 2 universal screeners (poor kids!)

**5: Sharing is caring** when in meetings. Develop group norms early and revisit (Tuckman (1965) and Tuckman and Jensen (1977)).

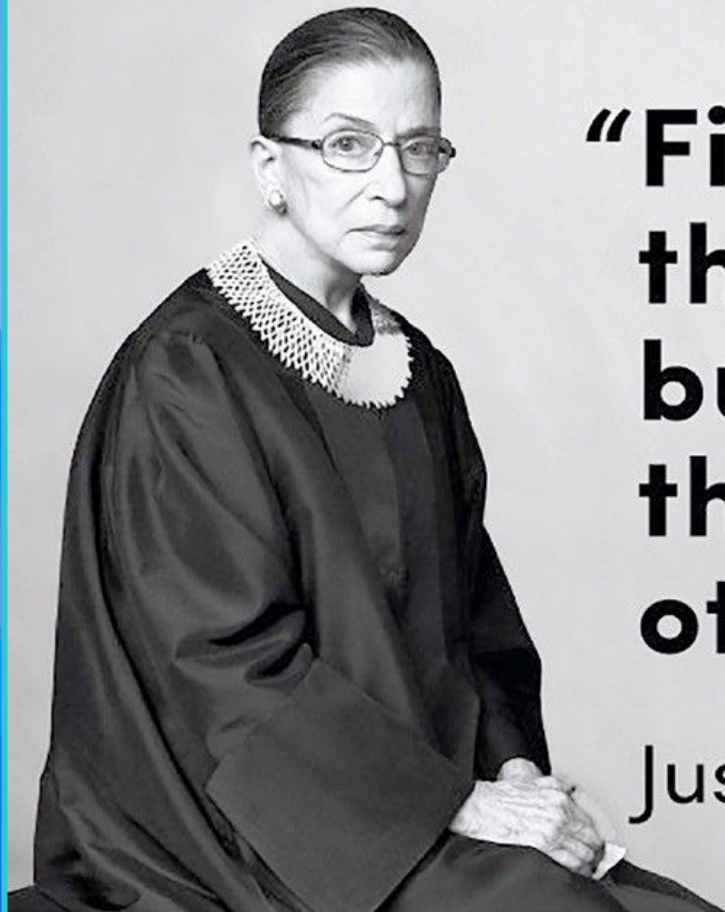
Eventually teachers should be owning the data and leading meetings

**4: Leaders lead by example...**presence in data meetings is crucial

**3: Name it and Claim it...**don't just admire the problem..evaluate and find solutions!

**2: Work smarter not harder:** be intentional in your actions

**and...**



**“Fight for the things  
that you care about,  
but do it in a way  
that will lead  
others to join you.”**

Justice Ruth Bader Ginsburg



Open for  
questions....



In the new year...

Please consider one  
learning/takeaway from this  
presentation...

***In the chat:***

Share one intention related to  
SEL/MTSS you are planning  
for 2022.

# Thank you for your contributions!

The team at Branching Minds has chosen to dedicate our MTSS Summit to **Project Night Night** – a charity that "donates over 30,000 Night Night Packages each year to homeless children 12 and under who need our childhood essentials to have a concrete and predictable source of security and an increased exposure to high-quality literacy materials during their time of upheaval."

Project Night Night



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## Helping homeless children have sweeter dreams ...

Project Night Night donates over 30,000

Night

Night

Packa

ges each year to homeless children 12

and under who need our childhood

essentials to have a concrete and

predictable source of security and an

increased exposure to high-quality literacy materials during their time of upheaval.

Each Night Night Package contains a new

security blanket, an age-appropriate

children's book, and a stuffed animal — all

[DONATE NOW](#)



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